

## Free range eggs

|  |             |
|--|-------------|
| <b>LOBSTER BENEDICT</b>  | <b>39.0</b> |
| Freshly cooked lobster, two poached eggs, charcoal brioche, avocado, king prawns, homemade hollandaise |             |
| <b>EGGS BENEDICT</b>   | <b>15.5</b> |
| Charcoal brioche, Italian parma ham, homemade hollandaise  |             |
| <b>EGGS ROYALE</b>   | <b>17.0</b> |
| Charcoal brioche, smoked salmon, homemade hollandaise  |             |
| <b>BRAISED OX CHEEKS BENEDICT</b>  | <b>19.5</b> |
| Poached egg, hollandaise, multigrain sourdough   |             |
| <b>TURKISH EGGS <span style="color: red;">NEW</span></b>   | <b>13.5</b> |
| Poached eggs, yoghurt, chickpea croutons, beurre noisette, multigrain sourdough                        |             |
| <b>RICH YOLK EGGS (VEG)</b>  | <b>9.5</b>  |
| Poached, folded or fried eggs on multigrain sourdough toast  |             |
| <b>BOOST YOUR EGGS:</b>  |             |
| Baked beans  | 3.5         |
| Chicken sausage  | 3.5         |
| Bacon  | 3.5         |
| Half avocado   | 3.5         |
| Smoked salmon  | 5.5         |
| Sautéed mushrooms  | 4.0         |

## Brunch favourites

|  |             |
|--|-------------|
| <b>GREEK YOGHURT AND GRANOLA (VEG) (GF)</b>  | <b>10.5</b> |
| Add a pot of seasonal fruits 5.5   |             |
| <b>ACAI SMOOTHIE BOWL (V) (GF)</b>   | <b>14.5</b> |
| Homemade gluten-free granola, seasonal fruits, berries, coconut yogurt, chia seeds       |             |
| <b>MATCHA PANCAKES (VEG) (GF)</b>  | <b>16.5</b> |
| Fresh berries, coconut yogurt, mixed berry coulis, matcha caramel, white chocolate curls |             |
| <b>PUMPKIN PANCAKES (VEG)</b>  | <b>15.5</b> |
| Almond caramel, coconut yoghurt, pumpkin crisps, crushed almond biscuits                 |             |
| <b>FRENCH TOAST <span style="color: red;">NEW</span></b>                                 | <b>13.0</b> |
| Vanilla custard brioche, berries, vanilla butter   |             |
| Add bacon  | 3.5         |

## Toasts and sandwiches

|  |                            |
|--|----------------------------|
| <b>GRILLED CHICKEN SANDWICH (H)</b>  | <b>Half/Whole 9.0/17.0</b> |
| Tomatoes, pickles, caramelised onions, harissa aioli   |                            |
| <b>CHEESE &amp; TOMATO TOASTIE (VEG)</b>   | <b>9.5</b>                 |
| <b>HAM AND CHEESE TOASTIE</b>  | <b>9.5</b>                 |
| <b>AVOCADO TOAST (V)</b>   | <b>9.5</b>                 |
| Crispy radish, roasted pumpkin seeds, micro coriander, multigrain sourdough                          |                            |
| Add smoked salmon  | 5.5                        |
| Add halloumi   | 6.0                        |
| <b>FETA AVOCADO TOAST (VEG)</b>  | <b>12.0</b>                |
| Smashed avocado, feta, roasted bell peppers, parsley pesto, baby basil, toasted multigrain sourdough |                            |
| <b>LOBSTER AVO TOAST <span style="color: red;">NEW</span></b>  | <b>39.0</b>                |
| Freshly cooked lobster, king prawns, eggs, sliced avocado, hollandaise                               |                            |
| <b>MOZZARELLA SANDWICH <span style="color: red;">NEW</span></b>                                      | <b>15.0</b>                |
| Tomatoes, baked garlic, roasted bell peppers, basil  |                            |
| Add Parma ham  | 3.5                        |

## Our specials

|   |             |
|---|-------------|
| <b>TOMATO, CHILLI, FETA FOLDED EGGS</b>   | <b>13.5</b> |
| <b>CHORIZO FOLDED EGGS</b>  | <b>13.0</b> |
| <b>TRUFFLE &amp; WILD MUSHROOM FOLDED EGGS</b>  | <b>14.5</b> |
| <b>SHAKSHUKA (VEG)</b>  | <b>15.0</b> |
| Rich yolk eggs baked in spicy tomato sauce, multigrain sourdough  |             |
| Add feta  | 3.0         |
| Add chorizo   | 3.5         |
| Add bacon   | 3.5         |
| Add sausage   | 3.5         |
| <b>ENGLISH BREAKFAST</b>  | <b>18.0</b> |
| Poached, fried or folded eggs, chicken sausage, bacon, baked beans, avocado, sautéed mushrooms, oven-roasted tomatoes, toasted multigrain sourdough |             |
| Add an extra egg  | 1.5         |
| Add grilled halloumi  | 6.0         |
| <b>VEGETARIAN ENGLISH BREAKFAST (VEG) <span style="color: red;">NEW</span></b>  | <b>18.0</b> |
| Poached, fried or folded eggs, halloumi, baked beans, avocado, sautéed mushrooms, oven-roasted tomatoes, toasted multigrain sourdough               |             |
| <b>THE LOCALS FULL HEALTHY</b>  | <b>18.0</b> |
| Raw salad with omega seeds, poached egg, avocado, smoked salmon, toasted dark rye, avocado hummus, sesame dressing                                  |             |
| <b>VEGETARIAN FULL HEALTHY (VEG)</b>  | <b>18.0</b> |
| Raw salad with omega seeds, poached eggs, avocado, sautéed mushrooms, toasted dark rye, avocado hummus, sesame dressing                             |             |

## Starters and salads

|   |             |
|---|-------------|
| <b>SOUP OF THE DAY</b>  | <b>9.0</b>  |
| Please ask your waiter for today's specials   |             |
| <b>BUFFALO CAULIFLOWER (VEG) <span style="color: red;">NEW</span></b>   | <b>6.0</b>  |
| <b>GRILLED HALLOUMI CHEESE (VEG)</b>  | <b>6.5</b>  |
| Thyme, multigrain sourdough toast   |             |
| <b>GOAT CHEESE CROQUETTES</b>   | <b>6.0</b>  |
| <b>HEALTHY SALAD (V)</b>  | <b>12.0</b> |
| Kale, baby spinach, courgette, cucumber, parsley, coriander, tomatoes, avocado, tahini and sesame dressing, omega seeds |             |
| <b>FALAFEL AND SPINACH SALAD (V) <span style="color: red;">NEW</span></b>   | <b>13.0</b> |
| Crispy falafel, chickpea croutons, spinach, lettuce, avocado hummus   |             |
| <b>BOOST YOUR SALAD:</b>  |             |
| Grilled halloumi  | 6.0         |
| Grilled chicken   | 5.5         |
| Grilled salmon  | 6.5         |
| Avocado hummus  | 5.5         |

## Mains

|  |                            |
|--|----------------------------|
|  | <b>Available from 12pm</b> |
| <b>THE LOCAL'S CHEESEBURGER (H)</b>  | <b>16.5</b>                |
| 100% beef patty, tomatoes, cheddar cheese, baby gem, caramelized onions, harissa aioli, mixed leaf salad |                            |
| Add fried egg  | 2.0                        |
| Add bacon  | 3.5                        |
| <b>CHICKEN SCHNITZEL BURGER (H)</b>  | <b>17.0</b>                |
| Charcoal brioche, cheddar, green slaw, baby gem, harissa aioli, mixed leaf salad                         |                            |
| <b>GRILLED CHICKEN SANDWICH (H)</b>  | <b>17.0</b>                |
| Baby gem, pickled cucumber, tomatoes, caramelised onion, harissa aioli                                   |                            |
| Add avocado  | 3.0                        |
| Add bacon  | 3.5                        |
| <b>TERIYAKI SALMON STIR-FRY</b>  | <b>23.5</b>                |
| Stir-fry soba noodles, broccoli, bok choy, beansprouts, yuzu sauce                                       |                            |

## Sides

|                           |            |                                     |            |
|---------------------------|------------|-------------------------------------|------------|
| <b>GRILLED BROCCOLI</b>   | <b>5.0</b> | <b>PARMESAN &amp; TRUFFLE FRIES</b> | <b>6.5</b> |
| <b>GREEN COLESLAW</b>     | <b>4.5</b> | <b>SKIN-ON FRIES</b>                | <b>5.5</b> |
| <b>SWEET POTATO FRIES</b> | <b>6.5</b> | <b>HALLOUMI</b>                     | <b>6.0</b> |

V - VEGAN VEG - VEGETARIAN GF - GLUTEN FREE H - HALAL

If you have a food allergy or a special dietary requirement please inform your waiter before you order.

A discretionary 12.5% service charge will be added to your bill.

# Drinks menu

## Fresh juices

275ml/500ml

|  |           |
|--|-----------|
| <b>Morning splash</b>  | 6.5 / 9.0 |
| Orange juice   |           |
| <b>Appicare</b>  | 6.5 / 9.0 |
| Apple juice  |           |
| <b>Detox</b>   | 6.5 / 9.0 |
| Green apple, celery, spinach   |           |
| <b>Drink your salad</b>  | 6.5 / 9.0 |
| (100% veggy) cucumber, celery, baby spinach, broccoli, lettuce, lime |           |
| <b>Skin balm</b>   | 6.5 / 9.0 |
| Pineapple, cucumber  |           |
| <b>A little beet</b>   | 6.5 / 9.0 |
| Beetroot, carrot, apple, lemon, ginger                               |           |
| <b>Green glow</b>  | 6.5 / 9.0 |
| Cucumber, apple, baby spinach, lemon, parsley                        |           |
| <b>Summer skin</b>   | 6.5 / 9.0 |
| Carrot, orange   |           |
| <b>Energy kick</b>   | 6.5 / 9.0 |
| Orange, lemon, turmeric root,  |           |
| <b>Immune booster</b>  | 6.5 / 9.0 |
| Orange, turmeric root, ginger, lemon, bell pepper                    |           |

## Fresh shots

Shot made of superfoods, 50ml

|                           |     |
|---------------------------|-----|
| <b>Beetroot</b>           | 4.5 |
| <b>Ginger</b>             | 6.0 |
| <b>Celery</b>             | 5.5 |
| <b>Lemon &amp; ginger</b> | 5.5 |
| <b>Turmeric</b>           | 6.5 |

## Homemade lemonade

|                             |     |
|-----------------------------|-----|
| <b>Classic</b>              | 5.5 |
| <b>Rose petal</b>           | 5.5 |
| <b>Blueberry &amp; lime</b> | 5.5 |
| <b>Lavender</b>             | 5.5 |
| <b>Mixed berries</b>        | 5.5 |

## Soft drinks

|  |     |
|--|-----|
| <b>Kombucha organic</b>  | 3.5 |
| Original, Passion fruit, Peach & ginger                            |     |
| <b>Kombucha organic</b>  |     |
| <b>CBD blueberry lemonade</b>                                      | 4.0 |
| <b>Fentimans lemonade</b>  | 3.5 |
| Victorian lemonade, Rose, Elderflower, Ginger beer, Curiosity cola |     |
| <b>Charitea</b>  | 3.5 |
| Green, Red, Black  |     |

## Coffee

|                                   |     |
|-----------------------------------|-----|
| <b>Espresso (single/double)</b>   | 3.0 |
| <b>Americano</b>                  | 3.0 |
| <b>Latte/Cappuccino</b>           | 3.5 |
| <b>Flat white</b>                 | 3.5 |
| <b>Macchiato</b>                  | 3.0 |
| <b>Mocha</b>                      | 4.0 |
| <b>Rose latte/Rose cappuccino</b> | 4.0 |

*Go vegan with almond, oat or coconut milk* 0.5

*Extra shot of coffee* 1.0

## Iced coffee

|   |     |
|---|-----|
| <b>Freddo cappuccino</b>                        | 4.5 |
| Iced double espresso, cold foamy skinny milk    |     |
| <b>Freddo espresso</b>                          | 4.0 |
| Double espresso on ice                          |     |
| <b>Iced matcha latte</b>                        | 4.5 |
| Green matcha, milk of your choice               |     |
| <b>Iced mocha</b>                               | 4.0 |
| Double espresso, chocolate, milk of your choice |     |

## Hot drinks

|                       |     |
|-----------------------|-----|
| <b>Hot chocolate</b>  | 4.0 |
| <b>Matcha latte</b>   | 4.5 |
| <b>Turmeric latte</b> | 4.5 |
| <b>Chai latte</b>     | 4.0 |

*Make it dirty with an espresso shot* 1.0

## Organic teas

|                  |     |
|------------------|-----|
| <b>Green</b>     | 3.2 |
| <b>Breakfast</b> | 3.2 |
| <b>Chamomile</b> | 3.2 |
| <b>Jasmine</b>   | 3.2 |
| <b>Earl Grey</b> | 3.2 |
| <b>Detox</b>     | 3.2 |

## Speciality teas

|                               |     |
|-------------------------------|-----|
| <b>Rose petal</b>             | 4.0 |
| <b>Lemon &amp; ginger</b>     | 5.5 |
| <b>Fresh mint</b>             | 4.5 |
| <b>Lemon &amp; goji berry</b> | 4.5 |

## Iced teas

|                            |     |
|----------------------------|-----|
| <b>Lemon</b>               | 5.0 |
| <b>Peach</b>               | 5.0 |
| <b>Mango</b>               | 5.0 |
| <b>Passion fruit</b>       | 5.0 |
| <b>Mint &amp; cucumber</b> | 5.0 |
| <b>Raspberry</b>           | 5.0 |

## Cocktails

|  |     |
|--|-----|
| <b>Aperol spritz</b>   | 9.0 |
| Prosecco, soda, Aperol, a slice of orange                          |     |
| <b>Hugo</b>  | 8.5 |
| Prosecco, soda, elderflower, mojito syrup, fresh mint, sliced lime |     |
| <b>Espresso Martini</b>  | 9.0 |
| Double shot of espresso, Kahlúa, vodka                             |     |
| <b>Mimosa</b>  | 8.0 |
| Prosecco, orange juice   |     |
| <b>Bloody peach bellini</b>  | 8.0 |
| Prosecco, peach purée  |     |
| <b>Bloody Mary</b>   | 9.0 |
| Spicy tomato juice, celery, lime, tabasco, vodka                   |     |
| <b>Campari gin &amp; tonic</b>                                     | 9.5 |
| Campari, gin, tonic water, a slice of grapefruit                   |     |
| <b>Gin &amp; tonic</b>   | 9.5 |
| Tonic water, Gordon's Gin, fresh lime                              |     |

## Mocktails (Alcohol free)

|   |     |
|---|-----|
| <b>Mojito</b>   | 7.5 |
| Lime juice, mint  |     |
| <b>Crodino</b>  | 7.0 |
| Bittersweet orange and grapefruit with quinine aromatic herbal infusion |     |
| <b>Virgin Mary</b>  | 8.0 |
| Spicy tomato juice, celery, lime, tabasco                               |     |

## House wine (by the glass)

Please ask your waiter for today's speciality

|                 |     |
|-----------------|-----|
| <b>White</b>    | 8.5 |
| <b>Red</b>      | 8.5 |
| <b>Rosé</b>     | 8.5 |
| <b>Prosecco</b> | 8.0 |

## Beers

|                      |     |
|----------------------|-----|
| <b>Birra Moretti</b> | 5.5 |
| <b>Heineken</b>      | 5.0 |
| <b>Leffe</b>         | 6.0 |

## Water

|                             |     |
|-----------------------------|-----|
| <b>Still Voss 800ml</b>     | 6.5 |
| <b>Still Voss 275ml</b>     | 4.0 |
| <b>Sparkling Voss 800ml</b> | 6.5 |
| <b>Sparkling Voss 275ml</b> | 4.0 |

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# Wine by the bottle

## Sparkling

|   |    |
|---|----|
| <b>Rouxuale, Sparkling Rosé</b><br>South Africa, 2019   | 21 |
| <b>De Miniere, Blanc De Noirs</b><br>Loire Valley, 2015 | 30 |
| <b>Vitteau Alberti, Rosé</b><br>France, NV              | 32 |
| <b>Doe Eyed Queen Rosé</b><br>Oxfordshire, NV           | 48 |
| <b>Doe Eyed Teen Brute</b><br>Oxfordshire, NV           | 48 |

## Champagnes

|   |     |
|---|-----|
| <b>Vina Eden, Champenoise</b><br>Uruguay, NV              | 49  |
| <b>Billecart-Salmon, Vintage</b><br>France, 2008          | 99  |
| <b>Billecart-Salmon, Blanc De Blancs</b><br>France, NV    | 108 |
| <b>Billecart-Salmon, Nicolas Francois</b><br>France, 2002 | 285 |

## White wines

|   |      |
|---|------|
| <b>Liberte, Grenache Sauvignon Blanc</b><br>France, 2019        | 19   |
| <b>Babylonstoren, Chenin Blanc</b><br>South Africa, 2021        | 21.5 |
| <b>Chateau De Jau, Dandy, Syrah</b><br>France 2019              | 23   |
| <b>T- Reix, Treixadura</b><br>Spain, NV                         | 24   |
| <b>Channing Daughters, Pinot Grigio</b><br>New York, 2018       | 26   |
| <b>Free To Be, Weisser Riesling</b><br>South Africa, 2021       | 28   |
| <b>Lieu Dit, Sauvignon Blanc</b><br>California, 2018            | 31   |
| <b>Panoramico, White Rioja, Malvasia</b><br>Spain, 2017         | 31   |
| <b>Remhoogte, Honeybunch, Chenin Blanc</b><br>South Africa 2020 | 33   |
| <b>Bourgogne, Chardonnay</b><br>France, 2020                    | 36   |
| <b>Patric Boudouin, Chenin Blanc</b><br>France, 2018            | 43   |
| <b>Macon Du Grappin, Chardonnay</b><br>France, 2018             | 44   |
| <b>Spell, Chardonnay</b><br>USA, 2019                           | 47   |

## Rosé wines

|  |      |
|--|------|
| <b>Rosato, Cabernet Franc</b><br>USA, 2020                 | 19.5 |
| <b>Babylonstoren, Mourvedre</b><br>South Africa, 2019      | 26   |
| <b>Lady L, Grenache</b><br>France, 2021                    | 28.5 |
| <b>Chateau La Coste, Grenache, Organic</b><br>France, 2021 | 30   |
| <b>Chateau La Coste, Grand Vin Rosé</b><br>France, 2021    | 39   |

## Red wines

|   |      |
|---|------|
| <b>Liberte, Rogue</b><br>France, 2020                             | 22.5 |
| <b>Molmenti &amp; Celot, Cabernet Franc</b><br>Italy, 2019        | 23.5 |
| <b>Arraiano Tinto</b><br>Spain 2019                               | 26   |
| <b>Babylonstoren, Cabernet Sauvignon</b><br>South Africa, NV      | 27   |
| <b>Fontaine Du Close, Vacqueyras</b><br>France 2019               | 28   |
| <b>Free To Be, Cabernet Sauvignon</b><br>South Africa, 2019       | 28   |
| <b>Babylonstoren, Shiraz</b><br>South Africa, 2019                | 28.5 |
| <b>Remhoogte, Vintage Pinotage</b><br>South Africa, 2018          | 29   |
| <b>Ikewen, Organic, Vegan</b><br>Spain, 2019                      | 36   |
| <b>Babylonstoren, Nebukadnesar</b><br>South Africa, 2019          | 39   |
| <b>Vina Eden, Tannat Reserva</b><br>Uruguay, 2017                 | 39   |
| <b>Remhoogte, Syrah</b><br>South Africa, 2017                     | 44   |
| <b>Remhoogte, Sir Thomas, Organic, Vegan</b><br>South Africa 2016 | 45   |
| <b>Vina Eden, Cerro Negro</b><br>Uruguay, NV                      | 47   |